

PRICES

| | |
|-------------|--------|
| Full Price: | \$2.50 |
| Reduced: | \$.40 |
| Adult | \$3.75 |
| Milk: | \$.45 |

**Lunch price includes:
5 components
Milk, protein, grains,
fruit and a vegetable**

**Must take a fruit or vegetable
plus 2 more components for a
complete meal.**



Fresh Veggie Cup Daily
Monday September 4, 2017

Labor Day
No School

Tuesday September 5, 2017
"PASTA YOUR WAY"
Pasta w/wo Meatballs
and Parmesan Cheese
Steamed Broccoli
Garlic Bread
Fruit Choice
Milk

Wednesday September 6, 2017
BBQ Rib on WG Bun
Oven Baked Potato Wedges
California Blend Vegetables
Sorbet
Milk

Thursday September 7, 2017
Chicken Patty on WG Roll
with condiments
Rice Pilaf
Steamed Green Beans
Fruit Choice
Milk

Friday September 1, 2017
Pepperoni Pizza
Tossed Salad with Greens
All Sports Vanilla Grahams
Fruit Choice
Milk

Fresh Veggie Cup Daily
Monday September 11, 2017
Chicken & Cheese Quesadilla
with Salsa and Sour Cream
Seasoned Rice
Whole Kernel Corn
Fruit Choice
Milk

Tuesday September 12, 2017
Cheeseburger
WG Bun
Baked Beans
Bag of Chips
Fruit Choice
Milk

Wednesday September 13, 2017
BREAKFAST for LUNCH
Fruitables Tropical Twist
Pancakes with Syrup
Sausages
Tator Tots
Fruit Choice
Milk

Thursday September 14, 2017
Ham and Cheese Bagel Melt
Sweet Potato Fries
Choice of Sorbets
Milk

Friday September 15, 2017
Personal Pizza
Carrot and Raisin Salad
Sorbet
Fruit Choice
Milk

Fresh Veggie Cup Daily
Monday September 18, 2017
Teriyaki Nugget Bowl
with Fried Rice
Green Beans
Snickerdoodle Bread
Fruit Choice
Milk

Tuesday September 19, 2017
Hot Dog
WG Bun
Baked Beans
Oven Baked Potatoes
Fruit Choice
Milk

Wednesday September 20, 2017
Mozzarella Sticks w/ Dipping Sauce
Seasoned Pasta
Diced Carrots
Chocolate Chip Cookie
Fruit Choice
Milk

Thursday September 21, 2017
Nacho Tacos-Tortilla Chips
w/ Seasoned Beef and Cheese
Whole Kernel Corn
Corn Bread
Choice of Assorted Fruits
Milk

Friday September 22, 2017
Cheese Quesadilla Pizza
Broccoli Salad
Sliced Watermelon Wedge
Milk

Fresh Veggie Cup Daily
Monday September 25, 2017
Chicken Nuggets
Whipped Mashed Potatoes
Peas and Carrots
Pretzel Rod
Fruit Choice
Milk

Tuesday September 26, 2017
"Pasta your Way"
Pasta with/without Meat Sauce
Parmesan Cheese
Garlic Bread
Broccoli
Fruit Choice
Milk

Wednesday September 27, 2017
Potato Wedges
with Ham, Cheese and Broccoli
School Corn Bread
Fresh Fruit Choice
Milk

Thursday September 28, 2017
Chicken Fajita
with Salsa and Sour Cream
Seasoned Rice
Bean and Corn Salsa
Fruit Choice
Milk

Friday September 29, 2017
Half Day of School
WW Cheese or Pepperoni Pizza
Tossed Salad with Greens
Heartzels
Choice of Assorted Fruits
Milk

Menu Notes:

Daily Milk choices offered are Fat Free and Low Fat.
Vegetables & Fruits, often fresh & locally grown,
is offered with every meal.

A fresh veggie cup is offered daily

